

|              |   |                   |                    |
|--------------|---|-------------------|--------------------|
| Subject:     | Code Blue/Pink (Adult/Pediatric Cardiac Arrest) | Date Approved:    | September 25, 2017 |
| Approved by: | Executive Director                              | Date Revised:     |                    |
| Specific to: | All Staff and Board of Directors                | Next Review Date: | September 2020     |

### **PRINCIPLE:**

The North Huron Family Health Team (NH FHT) aims to provide a safe and secure environment for all patients, residents, visitors, staff, physicians, students and volunteers. NH FHT's Code Blue/Pink aims to coordinate a safe and effective response to any person suffering a cardiac arrest. In this primary care setting, the prime purpose of this policy is to support maintaining the stability of a patient who has suffered a cardiac arrest until an ambulance arrives on scene.

Cardiopulmonary Resuscitation (CPR) techniques are used to artificially maintain both circulation and ventilation in persons suffering from cardiac arrest. The term cardiac arrest is synonymous with the term 'sudden death' which means that the victim's heart beat, circulation of blood, and respirations have suddenly and unexpectedly stopped. In order to save a life, every staff member needs accurate knowledge and skills to put into action during the resuscitative procedure.

This policy is adopted from the Listowel-Wingham Hospitals Alliance (LWHA) Code Blue/Pink policy.

### **Procedure:**

Basic life support is an emergency procedure that consists of prompt recognition of respiratory and cardiac arrest and beginning the resuscitation process. This includes Airway, Breathing, and Circulation, and Defibrillator management.

1. A staff member coming upon an acute emergency situation will stay with the patient (if possible) and alert another person to call a Code Blue for an adult cardiac arrest or a Code Pink for a pediatric cardiac arrest.
2. For help, call 5901 or 5800 or 5930 to request the overhead paging in the clinic to announce, "Code Blue /Pink & the room #"; Request that this page be announced slowly and 3 times AND request to bring Automatic Emergency Defibrillator (AED) to 2<sup>nd</sup> floor.
3. Initiating Code Blue / Pink:
  - a. First Responder: Assess responsiveness and initiate CPR.
  - b. Second Responder: Call 911 (for EMS: 271 Frances Street, 2<sup>nd</sup> floor, designate a party to greet EMS; assist with CPR).
  - c. Second Responder or Third Responder: Bring the Emergency Response Kit which is located in the Clean Utility Room in the drawer labeled "Emergency Response Kit".
  - d. Most Responsible Person: Makes decisions and monitors the patient until ambulance arrives. Assign roles – to include medications, documentation, AED.

- e. One Extra Clinical Staff: Clears room of extra people, reviews and completes documentation, contacts next of kin and meets next of kin upon arrival for support, if applicable.
4. Care of cardiac arrest equipment: Equipment to be checked / restocked after a code and on a monthly basis and replace any medication or supply that is outdated.

Annually, the Joint Occ., Health & Safety Committee will plan a mock Code Blue event.

It is expected that nursing personnel maintain certification at the BCCLS level as a minimum. North Huron FHT reimburses staff for this cost.